

# Usui Reiki Certification Training (Levels 1–3)

---

## Level 1 – The Awakening

### **Self-Healing & Energy Awareness**

**Duration:** 4-5 Hours

**Investment:** \$250 CAD

Discover the foundations of Reiki and learn to channel universal life force energy for self-healing and the wellbeing of others. Level 1 focuses on personal balance, energy awareness, and practical hands-on techniques.

### **You'll Learn:**

- The origins and principles of Usui Reiki
- Energy anatomy: chakras, aura, and flow
- Hand positions for self and others
- Grounding, cleansing, and protection techniques
- Reiki Level 1 attunement and energy activation

### **Includes:**

Reiki manual • Level 1 certificate • Guided meditation • Hands-on practice • Light refreshments.

**\*\* add the preferred date you will be attending at checkout \*\***

17 **Upcoming Training Dates 2026:**

**Reiki Level 1 (4-8pm)**

March 18 ✨ May 20 ✨ July 15 ✨ September 16 ✨ November 19

---

## Level 2 – The Deepening

### **Practitioner Level: Emotional, Mental & Distance Healing**

**Duration:** 4–5 Hours

**Investment:** \$350 CAD

Take your Reiki practice to the next level with the sacred symbols that empower healing across distance, time, and emotional layers. Level 2 strengthens your intuitive flow and prepares you for practitioner work.

#### **You'll Learn:**

- The three Usui Reiki symbols and their uses
- How to perform distance and emotional healing
- Techniques for space clearing and energetic protection
- Client protocols and professional ethics
- Reiki Level 2 attunement and practitioner activation

#### **Includes:**

Practitioner manual • Level 2 certificate • Practice sessions • Ongoing mentorship

**\*\* add the preferred date you will be attending at checkout \*\***

July **17** *Upcoming Training Dates 2026:*

### **Reiki Level 2 (4-8pm)**

April 15 ✨ June 17 ✨ August 19 ✨ October 14 ✨ December 16

---

## Level 3 – The Master/Teacher Level

### **Empowerment, Teaching & Advanced Healing**

**Duration:** 8–10 Hours (2 days)

**Investment:** \$600 CAD

Step into your role as a Reiki Master. This advanced training opens the door to teaching, attuning others, and embodying the energy of mastery. It's a journey of spiritual growth, empowerment, and leadership in healing.

#### **You'll Learn:**

- The Master symbol and advanced energy techniques
- How to perform attunements for all levels
- Teaching outlines and class facilitation
- Aura clearing and high-frequency healing
- Ethics and responsibilities of a Reiki Master

#### **Includes:**

Master manual • Level 3 certificate • Teaching templates • Lifetime mentorship

\*\* add the preferred date you will be attending at checkout \*\*

 **17** *Upcoming Training Dates 2026:*

#### **Reiki Level 3 (5-9pm)**

May 16 & 23  October 10 & 17

---



## Full Reiki Master Pathway (Levels 1–3 Package)

**Investment: \$1,000 CAD (Save \$200)**

**Duration:** 4 Days (completed over 2–3 months)\*\*

This complete certification journey takes you from beginner to Reiki Master Teacher, offering a balanced combination of personal transformation and professional training.

**Includes:**

- All three attunements and certificates
- Comprehensive manuals
- Personalized mentorship between levels
- Access to a private Reiki community group
- Bonus: Reiki Self-Practice Journal

\*\* add the preferred dates you will be attending at checkout \*\*

17 <sup>18</sup> *Upcoming Training Dates 2026:*

### **Reiki Level 1 (4-8pm)**

January 14 ✨ March 18 ✨ May 20 ✨ July 15 ✨ September 16 ✨ November 19

### **Reiki Level 2 (4-8pm)**

February 18 ✨ April 15 ✨ June 17 ✨ August 19 ✨ October 14 ✨ December 16

### **Reiki Level 3 (5-9pm)**

May 16 & 23 ✨ October 10 & 17

---

## Suggested Learning Flow

Level	Time Between Levels	Focus
1	Start Anytime	Self-healing & energy awareness
2	3–6 weeks after Level 1	Practitioner skills & distance work
3	2–3 months after Level 2	Mastery, teaching & spiritual development

---

## Ready to Begin Your Reiki Journey?

Embrace the calling to heal yourself and uplift others.

**Reserve your space today and step into your light.**

 **Location:** Wellness Oasis 86 Guided Court, unit 103 Etobicoke, Ontario

(In-person & Online)

 **17 Upcoming Training Dates 2026:**

### **Reiki Level 1 (4-8pm)**

January 14 ✨ March 18 ✨ May 20 ✨ July 15 ✨ September 16 ✨ November 19

### **Reiki Level 2 (4-8pm)**

February 18 ✨ April 15 ✨ June 17 ✨ August 19 ✨ October 14 ✨ December 16

### **Reiki Level 3 (5-9pm)**

May 16 & 23 ✨ October 10 & 17