

# **Level 1 — The Awakening**

**Self-Healing & Energy Awareness** 

**Duration:** 4-5 Hours

Investment: \$250 CAD

Discover the foundations of Reiki and learn to channel universal life force energy for self-healing and the wellbeing of others. Level 1 focuses on personal balance, energy awareness, and practical hands-on techniques.

#### You'll Learn:

- The origins and principles of Usui Reiki
- Energy anatomy: chakras, aura, and flow
- Hand positions for self and others
- Grounding, cleansing, and protection techniques
- Reiki Level 1 attunement and energy activation

#### Includes:

Reiki manual • Level 1 certificate • Guided meditation • Hands-on practice • Light refreshments.

\*\* add the preferred date you will be attending at checkout \*\*

Training Dates 2026:

Reiki Level 1 (4-8pm)

January 14 Amarch 18 May 20 July 15 September 16 November 19

**№** Level 2 — The Deepening

**Practitioner Level: Emotional, Mental & Distance Healing** 

**Duration:** 4–5 Hours

Investment: \$350 CAD

Take your Reiki practice to the next level with the sacred symbols that empower healing across distance, time, and emotional layers. Level 2 strengthens your intuitive flow and prepares you for practitioner work.

#### You'll Learn:

- The three Usui Reiki symbols and their uses
- How to perform distance and emotional healing
- Techniques for space clearing and energetic protection
- Client protocols and professional ethics
- Reiki Level 2 attunement and practitioner activation

#### Includes:

Practitioner manual • Level 2 certificate • Practice sessions • Ongoing mentorship

\*\* add the preferred date you will be attending at checkout \*\*

Training Dates 2026:

#### Reiki Level 2 (4-8pm)

February 18 April 15 June 17 August 19 October 14 December 16

**▼ Level 3 — The Master/Teacher Level** 

**Empowerment, Teaching & Advanced Healing** 

**Duration:** 8–10 Hours (2 days)

Investment: \$600 CAD

Step into your role as a Reiki Master. This advanced training opens the door to teaching, attuning others, and embodying the energy of mastery. It's a journey of spiritual growth, empowerment, and leadership in healing.

You'll Learn:

• The Master symbol and advanced energy techniques

• How to perform attunements for all levels

• Teaching outlines and class facilitation

• Aura clearing and high-frequency healing

• Ethics and responsibilities of a Reiki Master

Includes:

Master manual • Level 3 certificate • Teaching templates • Lifetime mentorship

\*\* add the preferred date you will be attending at checkout \*\*

Training Dates 2026:

Reiki Level 3 (5-9pm)

May 16 & 23 - October 10 & 17

# Full Reiki Master Pathway (Levels 1-3 Package)

Investment: \$1,000 CAD (Save \$200)

Duration: 4 Days (completed over 2-3 months)\*\*

This complete certification journey takes you from beginner to Reiki Master Teacher, offering a balanced combination of personal transformation and professional training.

#### Includes:

- All three attunements and certificates
- Comprehensive manuals
- Personalized mentorship between levels
- Access to a private Reiki community group
- Bonus: Reiki Self-Practice Journal

\*\* add the preferred dates you will be attending at checkout \*\*

Training Dates 2026:

### Reiki Level 1 (4-8pm)

January 14 → March 18 → May 20 → July 15 → September 16 → November 19

### Reiki Level 2 (4-8pm)

February 18 → April 15 → June 17 → August 19 → October 14 → December 16

### Reiki Level 3 (5-9pm)

May 16 & 23 - October 10 & 17

# Suggested Learning Flow

| Level | Time Between Levels      | Focus                                     |
|-------|--------------------------|---|
| 1     | Start Anytime            | Self-healing & energy awareness           |
| 2     | 3–6 weeks after Level 1  | Practitioner skills & distance work       |
| 3     | 2–3 months after Level 2 | Mastery, teaching & spiritual development |

# Ready to Begin Your Reiki Journey?

Embrace the calling to heal yourself and uplift others.

Reserve your space today and step into your light.

Location: Wellness Oasis 86 Guided Court, unit 103 Etobicoke, Ontario

(In-person & Online)

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May 16 & 23 \top October 10 & 17